

Our Impact

**University Sexual
Harassment
Workshops**

**15th July 2026
4th August
1st September**

welcome

GINA hosted 3 engaging and empowering university sexual harassment workshops, designed to raise students' awareness of sexual harassment and encourage them to participate in activism on their campuses.

In each session, women had the opportunity to explore different creative practices, connect with like-minded women & express their individuality through art – all while supporting women subjected to sexual harassment, violence & abuse at GINA.

Empowerment & Awareness

Engaging, creative & empowering workshops for young women, designed to bring together awareness, creativity, community & empowerment in a safe & inspiring space.

Across segments in the workshop, women had the opportunity to explore the issues surrounding sexual harassment on university campuses, creative activities & raising awareness for students subjected to sexual harassment, violence & abuse on campus.

Segment 1: **Exploring Sexual Harassment on Campus**

Segment 2: **Raising Awareness of Sexual Harassment on Campus**

Segment 3: **Creative Activism on Campus – Getting Creative!**



Hands-on creative activities



A feminist approach



A welcoming, supportive & inclusive environment



Refreshments & snacks!



A complimentary copy of our 'only human' workbook – a keepsake to continue creativity & wellbeing journey



All materials were provided for every workshop.

The content of workshops were used to co-produce resources surrounding sexual harassment on university campuses & to support more students subjected to sexual harassment, violence & abuse.

Social Media



**Felt relaxed and calm
after the workshops**

**Strongly Agreed
that they feel
more informed
about sexual
harassment on
campus**

100%

**Benefitted from
this workshop
as a tool for
self-care and
healing**

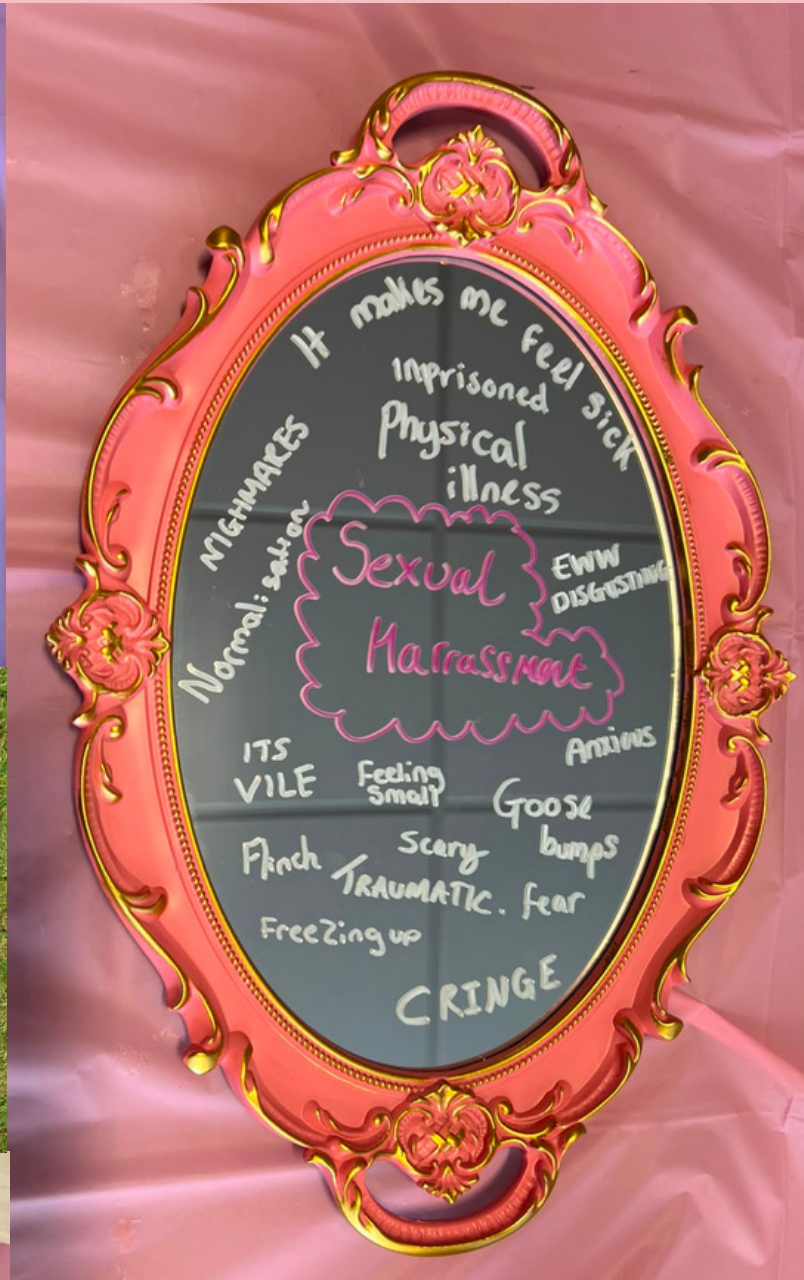


Participant Feedback

- I feel more confident in raising awareness of sexual harassment at university – **75% agree, 25% strongly agree**
- I feel more supported in activism surrounding sexual harassment at university – **75% agree, 25% strongly agree**
- I feel like I could connect with other women in this workshop – **70% strongly agree, 30% agree**
- Taking part helped me feel less alone in my experiences – **85% strongly agree, 15% agree**
- I felt as though I could express my creativity – **60% strongly agree, 40% agree**
- I felt empowered to contribute creatively to resources – **60% agree, 40% strongly agree**

Sexual Harassment workshop

Participants 'mapped & mirrored' their experiences of sexual harassment. Participants also created 'messages that matter' surrounding sexual harassment, painted tote bags with activist messaging surrounding sexual harassment & created a giant banner to be displayed on a local university campus.



WOMAN
PASSION IS THE
BRIDGE THAT
TAKES YOU FROM
PAIN TO C

WE REALISE THE IMPORTANCE
OF OUR VOICES
WHEN THEY ARE SILENCED
-MALALA

WE THE RIGHT
TO BE HEARD



I AM NOT
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EVERY WOMAN
IS FREE
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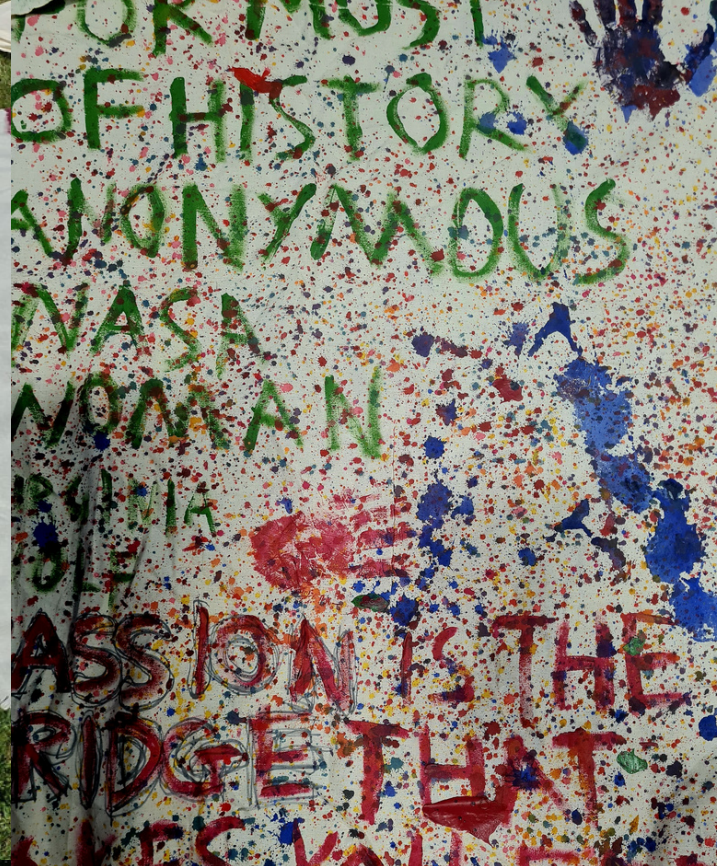
THE RIGHT
TO BE HEARD

WOMEN

NO IS A FULL
SENTENCE

FUCK THE PATRIARCHY





Impact

The workshop helped 100% of participants:

connect with other women and have

feel less alone in their experiences

express their creativity freely

feel empowered to create sexual harassment educational resources for women in their everyday life



Participant Feedback

" "This workshop was amazing and I am hopeful for the future"

"I felt empowered and ready to take part in activism"

"I love making unique art pieces to raise awareness for sexual harassment"

"Inspired"

"I feel positive about my wellbeing"

"I feel more relaxed & calm"

"ready to do something to change things"



"I enjoyed being creative"

"Empowered and motivated to do more creative activities at home as part of my wellbeing"

"I learnt new skills and techniques to deal with sexual harassment"

"I benefited from this activity as a tool for self-care & healing"

Demographics of participants

Ethnicity: Asian/Asian British, White, Black African, Other

Age range: 18–25, 24–40, 40–64

Gender identity: Woman, Non-binary

Sexual orientation: Heterosexual, Lesbian, Bisexual

Religion or belief: Christian, Muslim, No religion

Ward: Birmingham, Dudley and surrounding areas

Moving Forward

GINA's creative workshops are vital hubs for community, creativity and support. 100% of participants in our creative workshop series felt that their wellbeing improved and felt connected to other women.

