



Impact Report

GINA's Creative Series:

**Art,
Empowerment &
Feminism**

July 2026



welcome

GINA hosted an engaging, creative & empowering series of workshops for young women, designed to bring together art, community & feminism in a safe & inspiring space.

Across three sessions, women had the opportunity to explore different creative practices, connect with like-minded women & express their individuality through art – all while supporting women subjected to sexual harassment, violence & abuse at GINA.

Creativity and Community



An engaging, creative & empowering series of workshops for young women, designed to bring together art, community & feminism in a safe & inspiring space.

Across three sessions, you'll have the opportunity to explore different creative practices, connect with like-minded women & express your individuality through art - all while supporting women subjected to sexual harassment, violence & abuse at GINA. Come to one session or join the full series - each workshop offers a unique way to create, reflect & connect. 🙌

Workshop 1: Feminist Tote Bag Painting - Get creative & carry your message everywhere you go. Design & paint your own tote bag using feminist-inspired templates, slogans & imagery. 🎨

Workshop 2: Air-Dry Clay Pottery Slowdown - Get hands on with clay. Shape & craft your own unique pottery piece...from trinket dishes to small decorative forms. Create your pottery piece in the session, then enjoy painting & personalising it at home once it's fully dry. ♀

Workshop 3: Jewellery Making - Create your own personalised jewellery pieces in a relaxed, social setting. From beaded bracelets to charm necklaces, design something that reflects your identity, style & story. ✨

What to Expect Across the Series: Hands-on creative activities in each session.

Feminist inspired designs, themes & inspiration. A welcoming, supportive & inclusive environment. Refreshments & snacks! A complimentary copy of our 'only human' workbook - a keepsake to continue your creativity & wellbeing journey. Craft materials to take & try at home! All materials are provided for every workshop - simply show up ready to create, connect & enjoy a refreshing social atmosphere.

We may also use some of the fabulous designs created for future prints & co-produced feminist goodies. Spaces are limited - book your place and be part of a creative, empowering community. Come for the art, stay for the connection, leave



with something uniquely yours.



Social Media



***Found the workshops
helpful.***

***Agreed that they
felt more
positive in their
wellbeing after
the workshop.***

100%

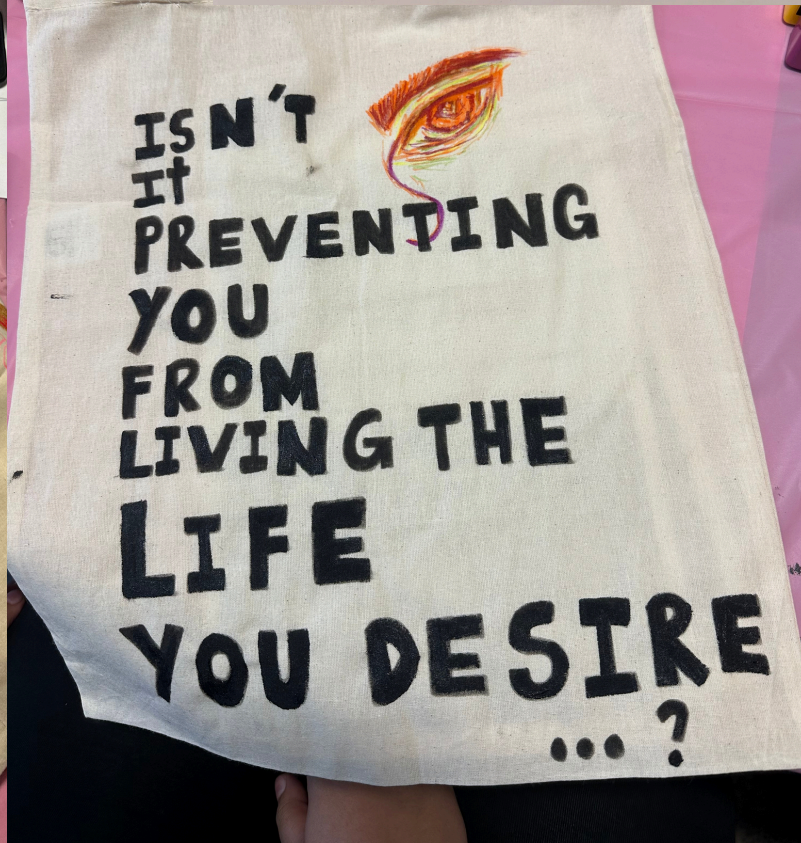
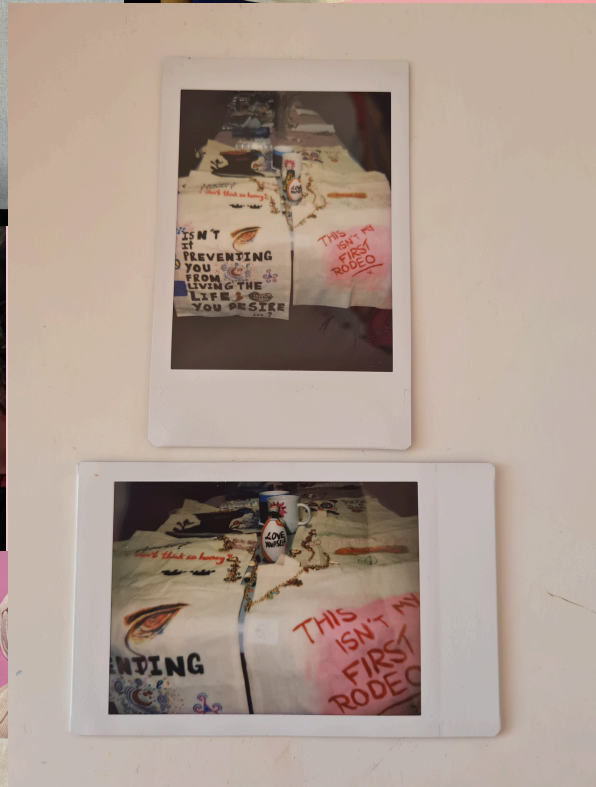
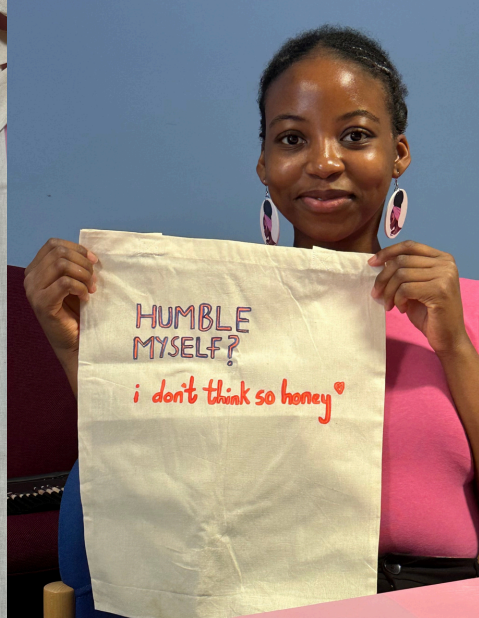
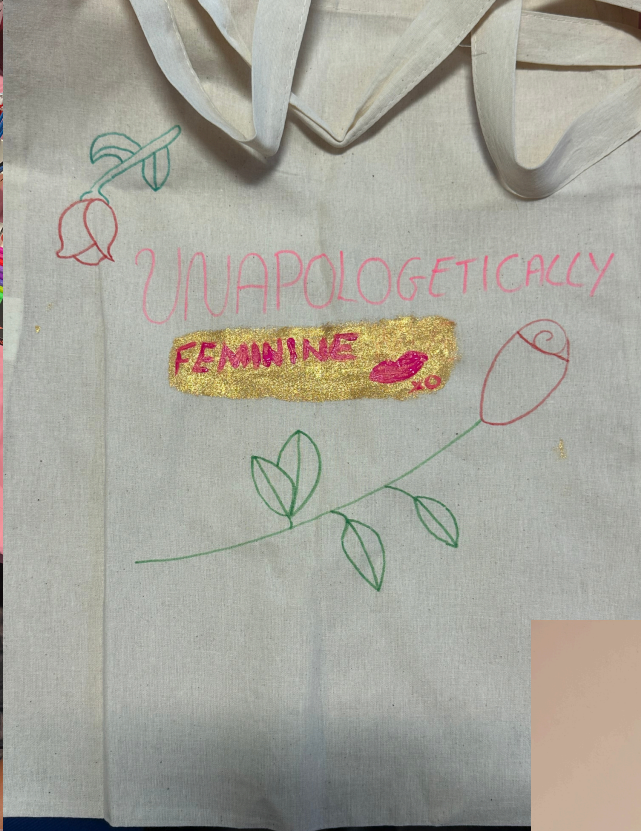
***Agreed that they
felt connected to
other women in the
workshop.***



Feminist tote-bag workshop

Participants designed and painted their own tote bags with personal and powerful messages using feminist inspired templates; slogans and imagery





Pottery workshop

Participants shaped and crafted their own unique pottery piece with air-dry; They took the pots home to paint and personalize, giving them a chance to be creative.



Jewellery making workshop

Participants created personalized jewelry pieces that reflect their identity, style & story.



Participant Feedback

"Taking part helped me feel less alone in my experiences"

"I felt proud of something I created today"

"My mood has boosted & it's helped me with my mental health"

"Inspired"

"I feel positive about my wellbeing"

"I feel more relaxed
& calm"

"I feel relaxed
& content"



"Creative & inspired"

"I felt as though I
could express my
creativity"

"Empowered and motivated to do
more creative activities at home as
part of my wellbeing"

"I benefited from this
activity as a tool for self-
care & healing"

Moving Forward

GINA's creative workshops are vital hubs for community, creativity and support. 100% of participants in our creative workshop series felt that their wellbeing improved, and felt connected to other women.

