



immediate specialist support for individuals subjected to sexual violence & abuse.

hello thanks for stopping by, you amazing human. we'd like to take a moment to introduce ourselves...

we're GINA

a UK social enterprise & non-profit organisation providing private, immediate & specialist support, bespoke products & resources for individuals subjected to sexual violence & abuse.

there is **no waiting list** for GINA's support; we're here for you & your team whenever you need us.

sexual harassment can & does happen in workplaces. if your team members have been subjected to sexual violence & abuse in their past, this may also be impacting their work & wellbeing.

our specialist counselling, support & resources is tailored to support individuals with the complex impacts of sexual trauma; something that private, generic counselling often fails to address. our immediate counselling offer also avoids any lengthy waiting lists associated with traditional free counselling support.

we already partner with organisations such as the University of Birmingham, LUSH & BHSF.

sister organisation of Rape & Sexual Violence Project (RSVP).



gina.uk.com | hello@gina.uk.com | 0121 643 0301



@GINA_CIC

click on the arrows to explore more **take what you & your team need.**

counselling.



immediate specialist face-to-face, online & telephone counselling for your team.

no waiting lists.
specialist counsellors.
employees book counselling using our online booking system, with limited input needed from employers.
you can select the number of counselling sessions your employees have (£40 a session).

products.



a range of bespoke products to support the wellbeing of your team members.

books, bundles, flashcards & self-care items to support the wellbeing of your team.
we also offer more tailored products to support individuals who have been subjected to sexual violence & abuse.

volunteering.



volunteering opportunities for your team members.

we have a range of numerous, on-going & flexible volunteering opportunities for your team members (ie. if you run a volunteering scheme etc).

workbook.



a wellbeing workbook for your team members, fully customizable.

our workbook, *only human*, is a wellbeing workbook for individuals subjected to sexual violence & abuse. an edition of this workbook is also available as purely a wellbeing workbook for all individuals.
our workbook can also be fully customized to include your logo & a message from your organisation.



resources.



free bespoke resources for your team members.

your team members have full & free access to our self-help info, booklets & activities that explore the impacts of trauma for individuals, alongside general wellbeing resources. all are free to view & download.

training.



bespoke training packages for your organisation.

our sister organisation, RSVP, can provide bespoke training sessions & packages for your organisation & team members surrounding sexual harassment in the workplace, the impact of harassment, violence & abuse on employees & more.

support us.



show your support through fundraising.

are there ways you can support us?
help us support more individuals subjected to sexual violence & abuse by fundraising for us, donations, raising awareness of our work, becoming our partner organisation, exploring CSR or any other ways you can support us!

get involved.



would you like to work with us?

if you'd like to collaborate with us on a project or work with us in any other ways, we'd love to hear from you!

explore our testimonials from individuals & organisations [here](#).