

Our values:

what we meet people with...



Belief in the power of uniting in lived experience to ensure your needs, wants & views remain at the centre of GINA & all we do.

GINA belongs to you.



Recognition that sexual harassment, sexual violence & abuse exists on a spectrum; with society's acceptance of harassment facilitating acceptance of sexual violence & abuse.



Acknowledge that no two narratives will ever be identical; we believe you don't owe anyone a perfect narrative.



The belief that the Criminal Justice System is failing individuals; we believe justice could look different, feel different & take different forms for you.



The rejection & challenging of all forms of victim-blaming & rape myths.



Recognition that education is important in addressing sexual harassment, violence & abuse; while recognising that simultaneously addressing misogyny & systemic change is needed too.



Belief in a world revolving with hope & compassion to hold you in your truth & embrace you in living into your power. we invite you to step into shared power with us, in celebration of individuality, rebellion & connection.



An approach that acknowledges trauma can be carried within ourselves; this approach rejects labels & recognises trauma responses as normal reactions to abnormal situation.



The belief that your trauma does not define you.



A desire to hold you in your truth & embrace you in living into your power.

